



PEEK AT

NOVEMBER 25, 2024

<u>Mission</u>: Our schools provide a **challenging and engaging education** to prepare all our students to become **responsible citizens and succeed in college and career**.

NO SCHOOL - NOV. 27 - 29

Reminder, there will be no school from Wednesday, November 27 through Friday, November 29.

School will resume on Monday, December 2.

We hope you all have a restful Thanksgiving Recess!

FIRE DRILL - NOV. 26

Heights High will have a Fire Drill tomorrow, November 26 during 2nd Period.

Students, please refer to your teachers for the drill protocols and expectations.

OST TESTING: DEC. 2 - 12

Students who need to complete December Ohio State Testing have received notification from Guidance about their testing dates and locations.

The specific testing dates per content area are provided in the student letters that were sent out.

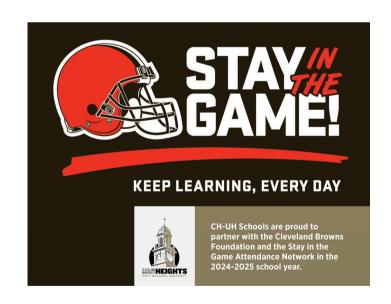
If you have any questions, please contact your Guidance Counselor (see pg. 8 for your counselors' contact information).

TRUSTED ADULT SURVEY

Do you have a trusted adult in the building?

A trusted adult is any staff member whose actions and words make you (the student) feel safe, who you feel cares about you, respects you, and you would feel comfortable confiding in.

Please take a moment to complete the <u>Trusted</u> <u>Adult Survey</u> identifying at <u>least one staff member</u> you would call your trusted adult. Please do not <u>select more than 5</u> trusted adults.



The District has adopted a plan for communications with persons with disabilities, which is available here.

The plan establishes procedures to ensure that the District's communications with persons with disabilities, including applicants, participants, members of the public, and companions with disabilities, are as effective as its communications with others.



National Native American Heritage Month, observed every November, celebrates the rich histories, cultures, and contributions of Native American and Alaska Native peoples. The observance originated from advocacy efforts in the early 20th century, with individuals like Dr. Arthur C. Parker, a Seneca Indian and director of Museum of Arts and Science in Rochester, N.Y. and Red Fox James, a Blackfoot Indian, leading the charge for a day honoring "First Americans." In 1990, President George H.W. Bush officially designated November as National Native American Heritage Month, or as it is commonly referred to, American Indian and Alaska Native Heritage Month.

National Native American Heritage Month highlights the resilience, creativity, and cultural richness of America's Indigenous peoples, while also recognizing the challenges they have faced, including colonization and marginalization. It also serves as an opportunity to honor Native American achievements and foster greater understanding of their cultural contributions, histories, and ongoing issues they face within the broader American narrative.

Events at CHHS

Daily spotlight & quote on school's TV monitors of Native Americans and the many ways that they have contributed to American history while also striving to preserve their traditions and cultural identity.

- o National Native American Heritage Month Daily Quote Slides
- o National Native American Heritage Month Daily Spotlight Slides



BILLY MILLS (1938 - Present)

Oglala Lakota

Billy Mills, also known as Tamakoce Te'Hila, is an Oglala Lakota Sioux runner who made history at the 1964 Tokyo Olympics. Born in 1938 on the Pine Ridge Indian Reservation in South Dakota, Mills faced numerous challenges, including poverty and the loss of his parents at a young age. Despite these hardships, he pursued running and earned an athletic scholarship to the University of Kansas.

Mills achieved international fame by winning the gold medal in the 10,000-meter race at the Tokyo Olympics, becoming the first and only American to win this event. His victory is considered one of the greatest upsets in Olympic history, as he was relatively unknown and faced formidable competitors.

Beyond his athletic accomplishments, Mills has dedicated his life to advocating for Native American youth. He co-founded the nonprofit organization Running Strong for American Indian Youth, which focuses on supporting health, education, and cultural preservation. Mills' legacy is a testament to perseverance, excellence, and his commitment to uplifting indigenous communities.

"THE ULTIMATE IS NOT TO WIN, BUT TO REACH WITHIN THE DEPTHS OF YOUR CAPABILITIES AND TO COMPETE AGAINST YOURSELF TO THE GREATEST EXTENT POSSIBLE. WHEN YOU DO THAT, YOU HAVE THE PRIDE. YOU CAN WALK ABOUT WITH CHARACTER AND PRIDE NO MATTER IN WHAT PLACE YOU HAPPEN TO FINISH."

Additional Information On National Native American Heritage Month & People To Celebrate

"About National Native American Heritage Month"

<u>"Indian Tribes, Cultures & Languages Map Collections</u>

<u> 1500 - 2004"</u>

<u>"Map of Indian Lands Federally Recognized Tribes"</u>

"9 Facts About Native American Tribes"

"Native American Cultures"

"Mythologies of the Indigenous Peoples of the Americas"

"Immigration and Relocation in U.S. History - Native

American"

"Native American Leaders: A Timeline"

"11 Influential Native American Artists"

"Celebrative Native Voices: Native Americans In Sports"

"12 Famous Native American Women"

<u>"10 Native American Inventions Commonly Used Today"</u>

"7 Foods Developed by Native Americans"

Heights High School



CH-UH HOLIDAY CARD CONTEST: DUE DEC. 2

Tiger Nation students from preschool through 12th grade are encouraged to participate in the fourth annual CH-UH Holiday Card Contest!

The winning artwork will be featured as the 2024 CH-UH Holiday Card cover. The student's name, grade, and school will be noted on the card. The top 3 winners will be recognized at a Board of Education meeting and receive a \$50 cash price from the Heights Schools Foundation.

Superintendent Kirby will select one of the winning cards for the holiday card, which will be available for purchase by the community for a limited time. Proceeds will benefit arts education in CH-UH.

Artwork Theme: Happy Holidays/Season's Greetings

Submissions should reflect holiday-spirited or winter themes. Artwork may not reference or contain images of specific religious holiday/religions. Any artwork that depicts copyrighted images cannot be considered.

Any student who is currently enrolled in CH-UH is eligible to participate. The deadline for submissions is Monday, December 2. Click here for more information.

COLLEGE NOW GREATER CLEVELAND SERVICES AT HEIGHTS HIGH

College Now Greater Cleveland is proud to offer comprehensive support to students at Cleveland Heights High School through our GEAR UP and Educational Talent Search (ETS) programs. These initiatives are designed to guide students through their educational journeys and help them prepare for college and future careers.

<u>GEAR UP Program:</u> Focused on serving the Freshman and Sophomore classes, GEAR UP provides personalized, one-on-one advising, workshops, and exposure opportunities to help students develop essential skills and knowledge for higher education.

<u>Educational Talent Search Program:</u> Tailored for Juniors and Seniors, ETS offers similar support, including individual advising, college readiness workshops, and enrichment activities that prepare students for the transition to college life.

Each program is dedicated to empowering students with the tools they need for success. We encourage grade-level teachers to sign up for workshops and partner with us to maximize student engagement and preparation.

For more information or to schedule a session, please reach out to our team!

<u>Click here</u> for their contact information.

HEIGHTS CTE APPLICATION IS OPEN!

Class of 2027...have you applied for your CTE program yet?

The Career Technical Education (CTE) application is now open for current sophomores to apply for one of the 22 Heights Career Tech programs.

Students can apply for the program of their choice at <u>HeightsCareertech.com</u>.

<u>Click here</u> to learn more about the 22 programs that are available through the Heights

Consortium.

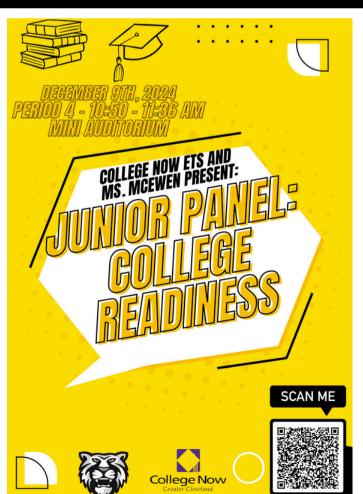
Remember, each program is a two-year commitment to prepare you for your chosen career path, the workplace, and college.



All Heights Career Tech programs are open to students who attend any of the Heights Consortium schools. Transportation is provided for students attending a program that is not housed at their home school.

Any questions? Ask your Guidance Counselor about Career Tech!

JUNIOR COLLEGE ADMISSIONS PANEL: DEC. 9



Juniors, are you interested in going to college?

The College and Career Readiness office and College Now ETS are hosing a Junior Panel for students interested in attending college, having Seniors, selected by Mrs. McEwen, speaking about the process, and providing tips, feedback, and also giving advice on things they wish they would have done earlier in the process to get Juniors to start thinking about what they want to do looking forward to the fall semester of their Senior year.

The event will be held on **December 9th**, during **4th period** in the Mini Auditorium.

<u>Click here</u> to sign up for the event or scan the QR code on the flyer on the TV monitors.

If you have any questions, please let Mr. Lucas or Mrs. McEwen know.

METROHEALTH SCHOOL HEALTH PROGRAM



The MetroHealth Institute for H.O.P.E. School
Health Program is partnering with CH-UH to offer health care services on-site at your child's school. Your child will now have easier medical service access during the school day.

Additionally, CH-UH City School District students, their families, and staff members can receive routine health care at the **Heights Wellness Center** inside Heights High School.

What services does MetroHealth provide?

- Physicals (annual/sports/work permit)
 - Injury/illness care
 - Routine lab tests
 - Teen services
 - Mental/behavioral health

- Immunizations
- Care for chronic conditions, including asthma, allergies, diabetes and seizure disorders
 - Health education and prevention
 - Telehealth, to supplement in-person care

How to enroll your student:

Fill out an online **consent form here**. Students' consent forms remain valid for as long as they attend school in the District.

Click here for more information and the Fall 2024 Schedule.

PARENT ANNUAL UPDATES FOR 2024-2025

All CH-UH K-12 parents and guardians must complete and Annual Update for the 2024-2025 school year through the **Infinite Campus Parent Portal**. Find the instructions to complete the Annual Update **here**.

Parent Portal accounts have been created for any parent/guardian that did not already have one, and accounts are created for parents/guardians of new students within one week of enrollment. An email from icportal@chuh.org is sent with username and activation link once the Parent Portal account is created.



Updating your information in Infinite Campus (IC) annually is crucial for ensuring Heights High can reach you in the case of an emergency and for planning field trips and extracurricular activities. If you need any assistance, please not hesitate to contact your student's grade-level office (see pg. 8 for office contact information).

PARIS TRIP OPEN TO ALL HEIGHTS HIGH STUDENTS



Bonjour Tiger Nation! The trip to Paris, France is open to the whole school.

Parents or guardians are now welcome to join the trip! Please let your parents or guardians know about this new opportunity. First come, first serve.

Next Monday, December 2 at midnight is the last day to register for the Paris trip.

Please see Madame Woods, the French teacher, in Room 324 or contact her at melha_woods@chuh.org as soon as possible if your are interested in attending.

SIGN UP FOR HEIGHTS HIGH'S SPORTS INFORMATION CLUB

Do you love watching, listening to and talking about sports? Are you interested in a career in sports broadcasting, journalism or social media marketing?

Heights High's new Sports Information Club might be right for you!

You get to choose where to focus your energy ... from photographing or filming games to live play-by-play announcing to managing a team's social media. You could also write game recaps and player profiles for the District's athletic website or keep a team's stats.



You will get to travel to away games with a team of your choosing, wear Heights branded gear and learn from industry professionals. You choose which sports season(s) to participate and you get to request specific teams to work with.

Fill out this <u>Google form</u> to get started or reach out to Athletic Director Joe D'Amato at **j_damato@chuh.org** if you have additional questions.

High School 2 the Future!

Freshman Checklist Sopkomore Checklist Junior Checklist

SENIOR INFORMATION PAGE

Dennis Kless, Senior Advisor d_kless@chuh.org

Nancy Rich-Drehs, Senior Advisor n_rich@chuh.org

ORGANIZE Senior HS2Future Checklist

To help you prepare to go from high school to the future, we have created a <u>senior checklist</u> for your convenience. This will assist you with college and career planning as well as keep you on track to graduate.

UPDATE

Senior Class Page

Make sure to check the <u>Class of 2025 page</u> on the District website throughout the year for regular updates and important information!

PREPARE College & Career Readiness

Look below for information on post-secondary opportunities for seniors and their families to get help with navigating the financial aid and application process.

Please check <u>Naviance</u> for other upcoming college representative visits to Heights High and for scholarship opportunities.

Attention Seniors, if you are interested in pursuing a degree in Education, please see Mrs.

McEwen for a very special scholarship opportunity.

If you are receiving merit scholarships or acceptance letters from colleges and universities, please email Mrs. McEwen a copy or come to Room 105 with the letter.

Seniors and parents - now is the time to **create an FSA ID** for the upcoming FAFSA.

Each student and parent must have their own FSA ID account to complete the FAFSA.

Click here for more information on how to create and FSA ID.

"Senior Scene" Newsletter - November 2024

STAY INFORMED!

LOOKING AHEAD:

Compensatory Day for Conferences All Schools Closed

11/27

Thanksgiving
Recess

All Schools Closed

11/28 & 11/29

OST Testing

12/2 - 12/12





CHHS Social Workers:

Kristin Dadas

(216) 320-3213

2028 Cohort - Last Names A - G

All 2027 Cohort

Allison Craig (216) 320-3017

2028 Cohort - Last Names H - O

All 2026 Cohort

Latiesa Kirkpatrick

(216) 320-3125

2028 Cohort - Last Names P - Z

All 2025 Cohort

CHUH.ORG - VIEW UPCOMING EVENTS, GRADE INFORMATION, AND THE LATEST DISTRICT HEADLINES. /ClevelandHeightsTigers
/HeightsHighCHUH

CHHS Grade Level Offices:

9th Grade Office Principal: Ms. Perry

Attendance Line: (216) 320-3171 Office Line: (216) 320-3170

> 11th Grade Office Principal: Mrs. Hansen

Attendance Line: (216) 320-3211 Office Line: (216) 320-3210 10th Grade Office Principal: Ms. Thomas

Attendance Line: (216) 320-3161 Office Line: (216) 320-3160

> 12th Grade Office Principal: <u>Mr. Smith</u>

Attendance Line: (216) 320-3201 Office Line: (216) 320-3200

CHHS Counselors:

Tandra Menefee

Last Names A - E (216) 320-3090

Taylor Bryant

Last Names F - L (216) 320-3057 Charlene Searcy

Last Names M - R (216) 320-3006

Michael Murray

Last Names S - Z (216) 320-3068

Tiesha McEwen

College & Career Readiness (216) 320-3065

SOCIAL & EMOTIONAL SUPPORTS

If you know of a student is in need of social and/or emotional support, please complete the referral form located in the Quick Links section of Heights High's page on CHUH.org.

Anyone can complete this referral form, and submissions are routed directly to the school social workers and counselors for follow-up.



STAFF:

The CH-UH Employee Assistance Program through IMPACT can help you reduce stress, improve mental health, and make life easier by connecting you to the right information, resources, and referrals. All services are free. This includes access to short-term counseling and a wide range of offerings - from financial consultation to personal assistant services - listed here.

SECURITY SCOOP

FROM MR. WATTERS, COORDINATOR FOR SAFETY AND SECURITY

Our "see something, say something" policy applies to our school community 24 hours a day, 7 days a week. Anyone can access the Safe School Helpline to report threats, bullying, or other such behavior.

Call 1-800-4-1-VOICE (1-800-418-6423) ext. 359 to leave your information, or submit a report <u>online</u>.

